

Best Start Families have said...

"My Best Start Worker is a great source of information on parenting and family issues. She is a good listener."

"Best Start is a non-invasive support program for parents in all situations."

"The Best Start Worker helps me with everyday practical things like how to care for my baby."

"I feel more confident as a parent because of Best Start."



Best Start makes a difference!!

We would like to thank the Province of PEI for their support of the Best Start Program, which has made a difference in the lives of thousands of children and their families across PEI.



To learn more, please contact:

Best Start

Queens & Kings 367-6744
East & West Prince 724-3097

Public Health Nursing

Queens 368-4530
East Prince 888-8160
West Prince 859-8720
Southern Kings 838-0762
Eastern Kings 687-7049

First Nations Nurses

Lennox Island 831-2711
Abegweit 676-2525



Best Start Program



www.chancesfamily.ca

All children deserve the best start possible!

Parents are the most important people in the lives of their children. All infants are born with the potential to learn and grow.

What happens to that potential depends on early childhood experiences. Early childhood is the most exciting time for development and by far the most influential point of a child's life.

If the early experiences of children support healthy development, children will be more likely to learn and be able cope with the challenges of life.



What is Best Start?

Best Start is a program that ...

- Is offered to parents and their newborn infant;
- Takes place in the parent's home;
- Is a voluntary program;
- Supports the healthy development of children;
- Provides parents with information and support.



How do I qualify for Best Start?

Your Public Health Nurse will talk about the Best Start program when she visits you and your baby. Families who would benefit most from in-home support will be matched with a Best Start worker.



What will you and your Best Start worker do together?

- She will bring activities that you can do with your baby, which will help with growth and development.
- Together you will discuss information about your child; e.g. health, safety, nutrition, language and other topics. She will help you find answers to your questions.
- Together you will work on goals that are important to you.
- She can connect you with other community resources available for families.