

Cloud Dough

Best

Start Learning Goal: Exploration and Discovery

What you will need

- A bin with high sides
- Materials for playing, such as cups and spoons
- 4 cups of Flour
- 1/2 cup of baby oil or Vegetable oil

Objective:

Reason, Logic and Scientific Inquiry:

Understand the process of cause and effect

Curious Investigation: Use their bodies to investigate, explore and develop understanding of their environment.



Activity

- Scoop and pour the flour into the center of a large tub.
- Create a crater in the middle of the flour.
- Pour the oil into the crater.
- Gently mix it all together.
- Enjoy mixing and learning about the properties of the dough as it is, or add small silicone bowls, spoons, or measuring cups to make small structures, hills, or pretend cupcakes.

What baby learns

Exploration and Discovery - exposed to new types or textures and learns how to use materials in various ways

Social and Personal Responsibility - when playing with others baby learns to use skills such as sharing, body awareness, and also self-regulation.

Well Being - uses small and large muscles to manipulate dough

Nurturing Thoughts

- Children who are new to experiences may not know how to play, show and model appropriate playing skills for children.
- Understand when children engage in dough play they may become silly and loud
- Make sure there is enough room if more than one child is playing, and that there are enough materials for each child
- Have broom ready