

# Ice Play

Best Start

## Learning Goal: Exploration and Discovery

### What you will need

- ♥ Large plastic tub filled with warm water.
- ♥ Large Towel
- ♥ Tray of color ice cubes (Make ahead of time with food coloring.)

**Variation:** Kool - Aid and ice cubes with popsicle sticks in them, snow in a box

### Objective:

### Curious Investigation:

Develop a sense of excitement about the world, and its endless possibilities for new discoveries

### Activity

- ♥ Put the ice cubes in the water and encourage baby to try to catch them.
- ♥ You can add a bit of warm water into the container if baby is not happy with how cold the ice cubes are.

**Variation:** Put paper on the floor and sprinkle kool-aid on paper. Encourage baby to hold on to the popsicle stick with the ice cube attached. Roll it the ice cube around on the paper over the kool aid. You will be amazed at the beautiful picture that is made.



### What baby learns

- ♥ **Sensory Development** - Sense of touch, sight with colors
- ♥ **Physical Development** - Small muscles in the fingers and hands

### Nurturing Thoughts

- ♥ A lot of babies enjoy water play, along with gathering information through the use of his senses; baby will be learning to expect the unexpected.
- ♥ Baby will be experiencing two sensations (hot & cold) at the same times.
- ♥ Try this activity in the bathtub to increase bath time fun.
- ♥ It may not be unusual for baby to dislike the feeling of cold on his hands and fingers. Encourage baby to try it and get used to the activity.