

Best Start families have said....

“My Best Start Worker is a great source of information on parenting and family issues. She is a good listener.”

“Best Start is a non-invasive support program for moms in all situations.”

“The Best Start Worker helps me with everyday practical things like how to care for my baby.”

“I feel more confident as a parent because of Best Start.”



**Best Start
makes a difference!!**

We would like to thank the Province of PEI for their support of the Best Start Program, which has made a difference in the lives of thousands of children and their families across PEI.



To learn more, please contact:

Best Start Coordinator:

Queens & Kings: 892-8744

East & West Prince: 436-1348

Public Health Nursing:

Queens: 368-4530

East Prince: 888-8160

West Prince: 859-8720

Southern Kings 838-0762

Eastern Kings: 687-7049

First Nation Nurses

Lennox Island 831-2711

Scotchford 676-3007



**Best Start
Program**



www.chancesfamily.ca

All children deserve the best start possible!

Parents are the most important people in the lives of their children. All infants are born with the potential to learn and grow.

What happens to that potential is dependent on early childhood experiences. Early childhood is the most exciting period of development and by far the most influential.

If the early experiences of children support healthy development, they will be more likely to enter school ready to learn and successfully cope with the challenges of life.



What is Best Start?

Best Start is a program that
Is offered to parents and their newborn infant
Takes place in your home
Is a voluntary program
Supports the healthy development of your child
Provides parents with information and support;



How do I qualify for Best Start?

Your Public Health Nurse will talk with you about the Best Start program when she visits you and your baby. Families who could benefit the most from an in-home support program will be matched with a Best Start worker.

What will you and your Best Start Worker do together?

- She will bring activities that you can do with your baby, which will help with growth and development
- Together you will discuss information about your child; e.g. health, safety, nutrition, language and other topics. She will help you find answers to your questions
- Together you will work on goals that are important to you.
- She can connect you with other community resources available for families.

